

Deli Salads

Salads are made fresh daily and are subject to availability. Call ahead for daily selections. Salads are sold by weight. We recommend ¼ lb per person as a side and ½ lb per person as an entrée.

Southern Chicken Salad \$9.99

Paul's Chicken Salad \$10.99
(white meat, dill, raisins, pecans)

Curried Chicken Salad \$9.99
(white meat, grapes, toasted almonds, curry)

Tuna Salad \$8.99

Southern Potato Salad \$5.99

Egg Salad \$4.99

Marie's Potato Salad \$6.99

Fresh Seasonal Fruit Salad \$8.99

Three or Four Bean Salad \$6.99

Pasta Salad \$7.99

Orzo Salad \$8.99

Broccoli Salad \$8.99

Duo or / Trio

Choose one meat salad and one or two vegetable salads which will be served over mixed greens with crackers and hard boiled egg Duo \$ 7 Trio \$ 8

We Also Offer

Gourmet Products

Extensive research goes into the gourmet products that we carry. Local standouts such as Goodness Gracie Cookies, Bone Sucking Sauce, and more compliment our diverse selection of top quality gourmet products from around the globe.

The Butcher Shop



Certified Angus Beef

We carry only Certified Angus Beef which uses the top 8% of all Angus Cattle. Tenderness and flavor are guaranteed with this brand. All steaks are cut daily and can be cut to your specifications. Please call or stop by and visit our meat counter for today's selections. If you don't see it, just ask.

Poultry

Local all natural chicken is delivered three times a week. We offer boneless skinless breasts and fryers. Special orders are accepted

Pork Products

Our pork chops are cut on site to your specifications. Enjoy the option of bone in or boneless chops, pork loin roasts, Danish baby back ribs and more. We also offer fresh, local whole hogs, boston butts and shoulders for your next cookout. Please call in advance to order these cuts.xotics

We offer a wide variety of exotic meats for your every day culinary creations. Choose from duck breast, veal chops, ground bison, rack of lamb, foie gras, whole duck, lamb shank or loin chops, veal cutlets and more.

If we don't have it, we'll find it!



Pine Valley Market

Gourmet Food, Wine, Butcher Shop, Catering

3520 South College Road
Wilmington, NC 28412

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phone: 910 350-FOOD (3663)
www.pinevalleymarket.com

Voted "Best of"
Encore Magazine

Best Gourmet Store '04-09
Best Butcher Shop '05-09
Best Caterer '06-09


BEST OF
WILMINGTON
2009

All Sandwiches include choice of Pasta Salad, Potato Salad, or Chips

Classic Sandwiches

Great American Hero \$7
roast beef, turkey, ham, cheddar, American, mayo, mustard lettuce, tomato, red onion, pickle on your choice of honey wheat or white hoagie

Italian \$8
genoa and hard salami, cappy ham, provolone, lettuce, tomato, red onion, roasted red pepper, banana pepper, Italian seasonings and balsamic vinegar on a crisp baguette

Reuben \$7.5
choice of corned beef or turkey, grilled on the flat top with sauerkraut, swiss cheese. Served on grilled rye bread with 1000 dressing

Caprese \$7.5
fresh mozzarella, tomatoes, fresh basil, grilled onions, mixed greens and pesto mayo on herbed focaccia

Tuna Salad \$6
lettuce, tomato, red onions on honey wheat hoagie

Chicken Salad \$6.75
southern chicken salad, mixed greens, tomato on a hoagie

BLT \$6
crisp applewood smoked bacon, lettuce, tomato and shallot dill aioli on herb focaccia

Valley Club \$7
turkey, ham, cheddar, bacon, lettuce, tomato and mayo on hoagie

Egg Salad Club \$6
egg salad, bacon, tomato, lettuce and mayo on toasted rye

From the Grill

Steak Sandwich \$9
8oz certified angus beef ribeye steak, grilled to your discretion, topped with sautéed onions, pepper and provolone cheese on a hoagie

Cheesesteak \$8
sliced ribeye and filet, seared with mushrooms, onions and pepper, topped with American cheese on a hoagie

Chicken Cheesesteak \$7.5
sliced all natural chicken breast seared with mushrooms, onions and pepper, topped with American cheese on a hoagie

Market Burger \$7
1/3 lb certified angus chuck, hand pattied, grilled to your liking and topped as you like it!

1/2 lb also available \$8

Tuscan Chicken Sandwich \$7.5
all natural chicken breast, grilled and seasoned with rosemary and garlic, mixed greens, tomato, grilled onions, roasted garlic mayo on herbed focaccia

Roast Beef Pita Melt \$7.5
roast beef, pepper jack cheese, lettuce, tomato, roasted red peppers & horseradish sauce

Very Veggie

Portobello Burger \$7
grilled portobello mushroom marinated with balsamic vinegar, topped with roasted red peppers, fresh basil, tomatoes and mozzarella cheese, on a Kaiser with mixed greens and pesto mayo

The Ultimate Veg Wrap \$7
herb tortilla, hummus, roasted seasonal vegetables, crumbled feta cheese, tomatoes and mixed greens

Veggie Stack \$7
lettuce, tomato, cucumber, red onions, mushrooms, roasted red pepper, banana pepper, pickles, American cheese, provolone cheese, on honey wheat hoagie with honey mustard

** Prices subject to change without notice.*

Specialty Sandwiches

PB and Nanner \$6
peanut butter, honey, sesame kernels, golden raisins, and a banana on honey wheat hoagie

Juicy Turkey \$7
turkey, swiss cheese lettuce, tomato, red onion 1000 dressing on honey wheat or white hoagie

Turkey Apple and Brie \$7.75
turkey breast, brie, granny smith apple, red onion, raspberry mayo on crisp baguette

Honey Ham and Brie \$7
deli ham, brie, grilled onions, honey mustard on honey wheat hoagie

Shrimp BLT \$8
grilled shrimp, applewood bacon, lettuce, tomato dill shallot aioli on sourdough

Crab Melt \$8
our signature crab dip piled on Fred's sourdough bread, topped with jack and cheddar cheese and baked until golden.

Salads Selections

House Salad \$6
romaine and mixed greens, tomato, cucumber, red onion, cheddar cheese
add on grilled or blackened chicken \$2.5
shrimp or steak \$3.5
Side Salad \$3

Greek Salad \$8
romaine, tomato, cucumber, kalamata olive, green olive, bell pepper, pepperoncini, red onion and feta cheese

California Chef \$8
romaine, tomato, cucumber bell pepper, turkey, provolone, golden raisins, sunflower kernels, dried cranberries and red onion

Chef \$8
romaine, turkey, ham, swiss, cheddar, tomato cucumber red onion, hard boiled egg and crumbled blue cheese

Extras

Side Order French Fries \$.95

Substitute Side Salad \$.50

Substitute Fruit Salad \$.75

Substitute Other Deli Salad (non-meat) \$.75